



This page contains sample Tweets, Instagram posts, Facebook posts and Videos/Video links for Mother's Day.

How to use this toolkit:

Posting: Share a graphic to spread the word of what our Mothers are wishing for this Mother's Day. You can also share the video of what our kids are thankful for!

Tagging: The social media handles for target elected officials are in the spreadsheets below. **Be sure to tag journalists and climate activists too.**

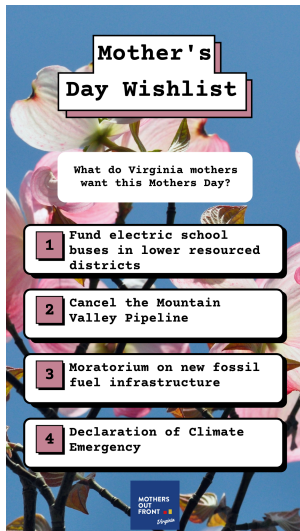
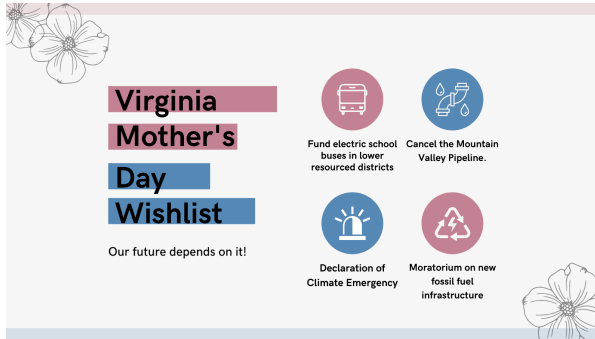
Retweeting/posting: If you see a Mothers Out Front Mother's Day Video post, like and retweet/repost it. If you see the video, pass it on so others can too!

Hashtags: Make sure any posts/tweets have the **#MothersDayWish** hashtag.

To add graphics to your posts: [Download them here.](#) 1) Right click on each image below to copy the image. 2) Click into FB, Twitter or IG. 2) Right click to paste into your post.



Sample Social Images



Sample Social Posts

What do Virginia mothers really want this Mother's Day?

- Electric School Buses for those who need it most
 - Cancel the Mountain Valley Pipeline
 - A moratorium on new fossil fuel infrastructure
 - Declaration of Climate Emergency
- #MothersDayWish

Do it for your Mother Earth! It's our #MothersDayWish to make the Earth a safe, just, and sustainable place for our children. @POLITICIAN you can make it happen!

Make our Mother's Day wish come true.

🚌 Electric School Buses

💧 #CancelMVP

☀️ A moratorium on new fossil fuel infrastructure

🚒 Declaration of Climate Emergency



<u>Officials Name</u>	<u>Twitter Handle</u>	<u>Facebook</u>	<u>Instagram</u>
Mothers Out Front Virginia	@MOFVirginia	facebook.com/mothersoutfrontva	
Mothers Out Front Hampton Roads	@momsOutFront VA	facebook.com/MothersOutFrontHR	@mothersoutfront HR