



This page contains sample Tweets, Instagram posts, Facebook posts and Videos/Video links for Mother's Day.

How to use this toolkit:

Posting: Share a graphic to spread the word of what our Mothers are wishing for this Mother's Day. You can also share the video of what our kids are thankful for!

Tagging: The social media handles for target elected officials are in the spreadsheets below. **Be sure to tag journalists and climate activists too.**

Retweeting/posting: If you see a Mothers Out Front Mother's Day Video post, like and retweet/repost it. If you see the video, pass it on so others can too!

Hashtags: Make sure any posts/tweets have the **#MothersDayWish** hashtag.

To add graphics to your posts: [Download them here.](#) 1) Right click on each image below to copy the image. 2) Click into FB, Twitter or IG. 2) Right click to paste into your post.



Sample Social Images



Sample Social Posts



<u>Officials Name</u>	<u>Twitter Handle</u>	<u>Facebook</u>	<u>Instagram</u>
Senate Majority Leader Chuck Schumer	@SenSchumer	@senschumer	@senschumer
Senate Majority Whip Dick Durbin	@SenatorDurbin	@SenatorDurbin	@durbincampaign
Assistant Democratic Leader Patty Murray	@PattyMurray	@pattymurray	@senpattymurray
Speaker of the House Nancy Pelosi	@SpeakerPelosi	@NancyPelosi	@speakerpelosi
House Majority Leader Steny Hoyer	@LeaderHoyer	@LeaderHoyer	@leaderhoyer
House Majority Whip Jim Clyburn	@WhipClyburn	@WhipClyburn	@whipclyburn
Assistnt Speaker Katherine Clark	@RepKClark	@KatherineClarkFor Congress	@repkclark